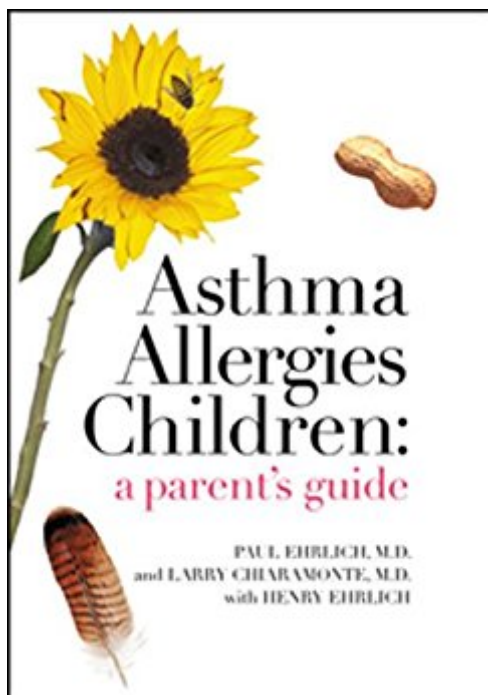


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# Asthma Allergies Children: A Parent's Guide



## Synopsis

A veritable bible for parents of allergic kids. I enjoyed *Asthma Allergies Children* tremendously. It is full of the kind of great stories that teach both patients and doctors more than mere facts. The science is explained in language you don't need an MD to follow. This book should be kept right next to the antihistamines and epinephrine, and used even more frequently. --Dr. Lisa Sanders, author of *Every Patient Tells a Story*. Her NY Times column "Diagnosis" inspired the TV drama, "House MD." Two renowned, board-certified pediatric allergists report from the front lines of science and clinical practice. The book explains what allergies and asthma are, and why they are expanding. You will hear about the myths and realities of treatment, and how you can involve the whole family in making life better for your allergic/asthmatic child. Myths and realities of food allergy. Charts of medications. Alternative treatments. How the environment at home and in your neighborhood affect your child's health. How a pediatric allergist can reduce your child's dependence on medication or end it altogether. Strategies for busy parents. And much more.

## Book Information

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## Customer Reviews

My Review from: Simply Stacie Blog [...] When my tiny young daughter was a baby she would catch

a simple virus and inevitably start to have difficulty breathing which would always progress to wheezing, retractions and ultimately required emergency intervention. On several occasions we almost lost our precious daughter and only through prompt medical care at the best children's hospital did she recover. As a mother, I felt utterly and completely helpless to protect her particularly when she was later diagnosed with severe asthma and inflammation of her lungs. What did give me a sense of power was knowledge so I proceeded to stay up until all hours of the night as I devoured everything that I could find on asthma and related treatments. Unfortunately, many of the books that I found on asthma were outdated or did not pertain specifically to the special needs of children. I can't explain how excited that I was to read *Asthma Allergies Children: A Parent's Guide* by Dr. Paul Ehrlich, M.D., Larry Chiaramonte, M.D. with Henry Ehrlich. It is a wealth of current information pertaining specifically to asthma and allergies in the pediatric population. The physicians who co-authored this book are renowned, board certified pediatrician allergists who are obviously passionate about educating parents in a way that is simple and easy to understand i.e. no medical degree required to understand this book! Thankfully, my daughter has outgrown her documented allergy to eggs in the last year but a recent skin test and blood work has shown that her current allergic reactions were to grasses, pine and palm trees (did I mention we live in Florida?)

Excerpt from the review on my blog [...] I have finished reading *Asthma Allergies Children: A Parent's Guide*. I didn't want to put it down, each time I had to tend to something. I felt like each page was giving me another piece of the puzzle, and the chapters were guiding me in the placement of the pieces, and I was starting to get a clear view of the box top, for the first time. I've been dealing with my daughter's "atopic" conditions, eczema, food allergies and asthma, for a few years, now, so some of it was "review", and I found myself agreeing with the information, but that is not as common as one might think. So often, I read "medical" literature and I think, "Sheesh, how can they have it so wrong?" Instead, as I "clicked" through the pages on my Kindle, I was nodding in agreement and even sometimes audibly saying, "YES!" Reading through the pages, I sensed the proverbial lightbulbs going off, over and over, as I learned more about the conditions that affected my sweet girl. I also found myself thinking about so many people who needed to read this book, some of whom might not even realize it...All those people whose child's always clearing their throat...or has a perpetual "runny nose"...or who has trouble focusing in school, but probably has underlying allergy issues...A wonderful thing about this book is that it doesn't exist in a vacuum. It's part of an organic, mutually-educational system. The first book I purchased was actually the eBook, *Children's Allergies and Asthma: One of Nature's Dirty Tricks*, which contains a selection of 89 of

the 200+ articles from their website AsthmaAllergiesChildren.com. They state that "medicine moves faster than print" and they've developed what I like to call "Atopic University".

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